



Level One

Certification Program
(4 Weeks - 12 Hours - \$297)

1. Compliance Techniques & Counters
2. Weapon Disarm Techniques (handgun - knife - club)
3. Basic Defense Protection (blocks - parries - checks)

Instructor: Richard Andrew King, Grandmaster, Kiado-Ryu
Certifying Organization: The Karate Institute of America

Classes Begin 8 January 2011

(8th - 15th - 22nd - 29th)

Location: The Karate Institute of America
22600-F Lambert St. Suite 1202, Lake Forest, CA 92630

949-598-0152

*Classes open to the public. Minimum age requirement: 18 years old.

Class Description	Days & Times	Total Hours	Cost/Mo.
1. Compliance Techniques & Counters	Saturdays: 8:00am to 8:55am	4 Hours	\$99
2. Weapon Disarm Techniques	Saturdays: 9:00am to 9:55am	4 Hours	\$99
3. Basic Defense Protection	Saturdays: 10:00am to 10:55am	4 Hours	\$99
Total		12 Hours	\$297

(Take one class or all three)

S.E.T Level One Certification Program is a twelve hour course divided into three sections: 1. Compliance techniques and self-defense counters; 2. Weapon disarm techniques for gun, knife and stick/club; 3. Basic defense protection skills including blocks, parries, checks and other self-defense basics. Phase one convenes every Saturday in January on the 8th, 15th, 22nd and 29th. Upon successful completion of all twelve classes, the student will be awarded a Certificate of Completion. The cost is \$297.

Separate Classes. An individual may register separately for any of the three classes and pay the monthly fee of \$99 for each class. Upon completion he will receive a Class Certification for that class only.

INSTRUCTOR

Richard Andrew King is Founder and Grandmaster of the Karate Institute of America and the Kiado-Ryu system of martial arts. He has taught professionally for thirty-one years, opening his studio in Mission Viejo in 1979. Having taught in excess of three thousand students, the KIA has produced sixty-three Black Belts to date. In his competitive era, King won fifty-three championships at the black belt level including six All-Around Grand Championships in weapons, forms and fighting.

King, author of *The Black Belt Book of Life: Secrets of a Martial Arts Master*, has been heavily involved in martial arts for forty-two years, beginning his martial arts studies in 1968 and studying in both the Tracy Brothers and Ed Parker systems. Holding a 5th Dan in Kenpo karate, he began developing his own karate system, Kiado-Ryu, in 1979.

