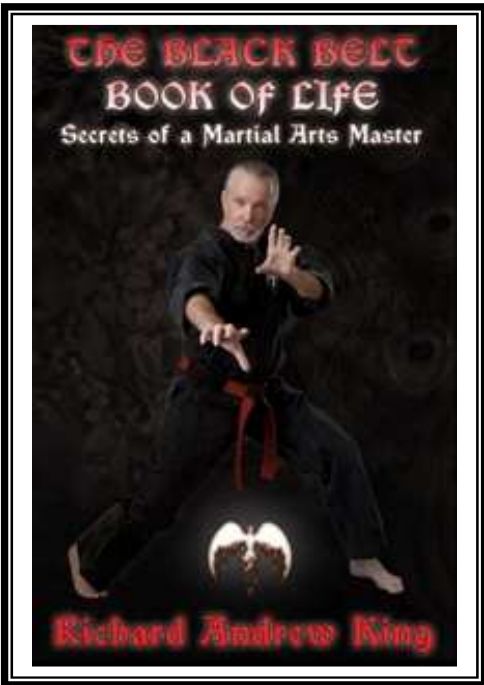


ENDORSEMENTS



Every so often you happen upon a book that has an instant impact on the way you perceive the world. **THE BLACK BELT BOOK OF LIFE** by Richard Andrew King is an awesome and essential daily read that will continuously, and without fail, speak to you on the most intimate and personal levels, inspiring, consoling, edifying, teaching, and nurturing your spirit.

~ Steven J. Vertun, President, Segue Corporation

Mr. King - I have only just begun **THE BLACK BELT BOOK OF LIFE** but I have already learned and have found so many great quotes I can use in my everyday life and share with those I care about. Thank you for putting your thoughts to paper and sharing with the rest of the world!

~ Dr. Dustin Glass, D.C. Sports Injury & Performance Care

As a member of the Board of Trustees of Semester at Sea, I am incredibly impressed with Richard Andrew King's, **THE BLACK BELT BOOK OF LIFE's** ability to teach some of life's greatest lessons by relating them to the world of martial arts.

~ Todd Miller, Western States Technologies

THE BLACK BELT BOOK OF LIFE by Richard Andrew King should be called 'The Book of Life'. Wow! What a book! Everyone, whether in the martial arts or not, should read this and be aware of all the wonderful human values that are worth integrating into daily life.

~ Gigi Stybr, author of *The Music of an Unequal Love*

THE BLACK BELT BOOK OF LIFE is INCREDIBLE! I read it cover-to-cover in one day. It was uplifting, inspiring, and heartfelt. It reminded me to embrace life's challenges rather than allowing them to affect me negatively. You truly gave me hope, strength and sunshine. Thanks for all your wisdom.

~ Michelle N., California

THE BLACK BELT BOOK OF LIFE offers fundamental principles all people can apply to their lives, regardless of age or gender. Easy to read, the information in this book allows men, especially, to get closer to their inner self, subdue their false illusions of ego, and find their true inner strength, becoming confident and whole in the process.

~ K. C. Thomas, 2nd Dan Black Belt, Landscape Architect

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